



சுயமேவ ஜயநே  
Ministry of Youth Affairs & Sports  
NSS Regional Directorate



ज्ञान-विज्ञान विमुक्तये  
UGC  
University Grants Commission



**திருவள்ளூர் பல்கலைக்கழகம்**

**THIRUVALLUVAR UNIVERSITY**

**SERKKADU, VELLORE 632 115**

**The Staff & Students of Thiruvalluvar University**

*cordially invite your good self for  
celebrating the*

**INTERNATIONAL YOGA DAY**

*on 21<sup>st</sup> June 2016 at 11.00 a.m.*

*at*

*Thiruvalluvar University premises*

*The Hon'ble Vice-Chancellor*

**Dr.K.Murugan, D.Sc.,**

*has kindly consented to  
preside over the function  
in the presence of*

**Dr. H. Munavarjan** Member-Syndicate

**Dr. S.Chinnappan** Member-Syndicate

**Dr.A.AMULDOSS**

Registrar i/c.



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**THIRUVALLUVAR UNIVERSITY**  
SERKKADU, VELLORE – 632 115

**INTERNATIONAL YOGA DAY**

Date: 21.06.2016

Time: 11.00 a.m.

Prayer

Lighting of Lamp

Welcome Address : Dr. A. Amuldoss, Registrar i/c.,

Presidential Address : **Dr. K. Murugan, D.Sc.,**  
Hon'ble Vice-Chancellor

Special Address : **"Yoga and Stress Management",**  
Dr. P. Asokan, Controller of Examinations

: **"Yoga in Daily Life",**  
Dr. V. Peruvalluthi, Dean, CDC

Felicitation : Dr. H. Munavarjan, Member Syndicate  
Dr. S. Chinnappan, Member Syndicate

Vote of Thanks : Dr.M. SenthilKumar, NSS, Coordinator